## The Individual in Isolation

If we look at domestic violence as strictly an individual problem, we lose sight of the complexity of people's lives and we most likely to end up in blame and judgement – which is not helpful. It's important to consider the context in which we all live our lives. That includes our relationships to people who influence us, the values and norms of our community and the ethics and practices of the broader society.

The problem with looking at domestic violence as strictly an individual issue is that the complexity of people's lives is lost and we are most likely to end up in blame and judgement – which is not helpful.